

The Meadows

May 2024

| Sun                                                                                                                                               | Mon                                                                                                                               | Tue                                                                                                                                                        | Wed                                                                                                                                                            | Thu                                                                                                                                     | Fri                                                                                                                                            | Sat                                                                                                                                              |
|---------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                   |                                                                                                                                   |                                                                                                                                                            | <b>1</b><br>8:30 Current events<br>10:00 Sit & fit<br>10:30 Bing bag toss<br>1:30 Happy Hour<br>3:00 Book club<br>6:00 Classic TV                              | <b>2</b><br>8:30 Devotion<br>10:00 Moving & grooving<br>10:30 Garden Club<br>1:30 Adult coloring<br>3:00 Healing hands<br>6:00 Move     | <b>3</b><br>8:30 News & coffee<br>10:00 Chair yoga<br>10:30 Bing bag toss<br>1:30 Bingo<br>3:00 Remember when<br>6:00 Funny videos             | <b>4</b><br>8:30 Current events<br>10:00 Music workout<br>10:30 Remember when<br>1:30 Choice of games<br>3:00 Short story<br>6:00 Lawrence Welk  |
| <b>5</b><br>8:30 Devotion<br>10:00 Sit & fit<br>10:30 Church<br>1:30 Book club<br>3:00 Fancy nails<br>6:00 Soothing music                         | <b>6</b><br>8:30 What's the news<br>10:00 Walking Club<br>10:30 Pouch Talk<br>1:30<br>3:00 Adult coloring<br>6:00 Movie           | <b>7</b><br>8:30 Current events<br>10:00 Chair yoga<br>10:30 Pet Therapy<br>1:30 Adult coloring<br>3:00 Healing hands<br>6:00 Classic TV                   | <b>8</b><br>8:30 What's the news?<br>10:00 Morning Stroll<br>10:30 Music therapy<br>1:30 Happy Hour<br>3:00 Fancy nails<br>6:00 Funny videos                   | <b>9</b><br>8:30 Devotion<br>10:00 Sit & fit.<br>10:30 Music trivia<br>1:30 Crafts<br>2:00 Walking Club<br>3:00 Book club<br>6:00 Movie | <b>10</b><br>8:30 New & coffee<br>10:00 Music workout<br>10:30 Garding<br>1:30 Bingo<br>3:00 Short story<br>6:00 Soothing music                | <b>11</b><br>8:30 Current events<br>10:00 Chair yoga<br>10:30 Remember when<br>1:30 Adult coloring<br>3:00 Healing hands<br>6:00 Lawrence Welk   |
| <b>12</b><br>8:30 Devotion<br>10:00 Sittercise<br>10:30 Church<br>1:30 Mother's Day Ice Cream Social<br>3:00 Healing hands<br>6:00 Soothing music | <b>13</b><br>8:30 What's the news?<br>10:00 Chair yoga<br>10:30 Trivia<br>1:30 Walking club<br>3:00 Fancy nails<br>6:00 Movie     | <b>14</b><br>8:30 News & coffee<br>10:00 Walking club<br>10:30 Remembrance<br>2:00 Cassy VR experince<br>3:00 Short story<br>6:00 Funny videos             | <b>15</b><br>8:30 Current events<br>10:00 Music workout<br>10:30 Finish the phase<br>12:00 Golden Club<br>1:30 Happy hour<br>3:00 Book club<br>6:00 Classic TV | <b>16</b><br>8:30 Devotion<br>10:00 Moving & grooving<br>10:30 Pouch talk<br>1:30 Watering Plants<br>3:00 Book club<br>6:00 Movie       | <b>17</b><br>8:30 News & coffee<br>10:00 Walking Warriors<br>10:30 Bing bag toss<br>1:30 Bingo<br>3:00 Adult coloring<br>6:00 Funny videos     | <b>18</b><br>8:30 Current events<br>10:00 Music workout<br>10:30 Remember when<br>1:30 Choice of games<br>3:00 Short story<br>6:00 Lawrence Welk |
| <b>19</b><br>8:30 Devotion<br>10:00 Sit & fit<br>10:30 Church<br>1:30 Book club<br>3:00 Fancy nails<br>6:00 Soothing music                        | <b>20</b><br>8:30 News & coffee<br>10:00 Working out.<br>10:30 Trivia<br>1:30 Porch talk<br>3:00 Short story<br>6:00 Movie        | <b>21</b><br>8:30 Current events<br>10:00 Walking Club<br>10:30 Bowling<br>1:30 Adult coloring<br>3:00 Healing hands<br>6:00 Classic TV                    | <b>22</b><br>8:30 What's the news?<br>10:00 Moving & grooving.<br>10:30 How much it cost<br>1:30 Happy Hour<br>3:00 Fancy nails<br>6:00 Funny videos           | <b>23</b><br>8:30 Devotion<br>10:00 Sit & fit<br>10:30 Music trivia<br>1:30 Talking about flowers<br>3:00 Garden Club<br>6:00 Movie     | <b>24</b><br>8:30 New & coffee<br>10:00 Music working.<br>10:30 Outdoor games<br>1:30 Bingo<br>3:00 Short story<br>6:00 Soothing music         | <b>25</b><br>8:30 Current events<br>10:00 Chair yoga<br>10:30 Remember when<br>1:30 Adult coloring<br>3:00 Healing hands<br>6:00 Lawrence Welk   |
| <b>26</b><br>8:30 Devotion<br>10:00 Sittercise<br>10:30 Church<br>1:30 Music trivia<br>3:00 Healing hands<br>6:00 Soothing music                  | <b>27</b><br>8:30 What's the news?<br>10:00 Walking Warriors<br>10:30 Trivia<br>1:30 Pouch time<br>3:00 Fancy nails<br>6:00 Movie | <b>28</b><br>8:30 News & coffee<br>10:00 Sit & fit<br>10:30 Finish the phase<br>12:00 Mens club<br>1:30 Card game<br>3:00 Short story<br>6:00 Funny videos | <b>29</b><br>8:30 Current events<br>10:00 Music workout<br>10:30 Remember when<br>12:00 Men's club<br>1:30 Happy hour<br>3:00 Book club<br>6:00 Classic TV     | <b>30</b>                                                                                                                               | <b>31</b>                                                                                                                                      |                                                                                                                                                  |
|                                                                                                                                                   |                                                                                                                                   |                                                                                                                                                            |                                                                                                                                                                | <b>Happy Birthday</b><br>Jo 7<br>Beatrice 8<br>Marilyn 10<br>Margrit 31                                                                 | <b>Special Events</b><br>Kentucky Derby 4<br>Mothers Day Ice Cream Social 12<br>Golden Club 15<br>Mens Club 28<br><br><b>Subject to change</b> |                                                                                                                                                  |

