	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	7 /		004	9:00 Mindful Meditation	9:00 Chair Stretches	10:00 Chair Yoga	4 10:00 Sit and be Fit.
		ay 20	024	10:00 Exercise Class	10:30 Music with David Carty	•	1:30 Virtual Travel Club
		J		1:15 Music Therapy 3:00 Color by Number May Day	1.50 T uzzie T al 3		3:00 Watercolor Creations
ģ	9:00 Video Devotional	9:00 Meditation	9:00 Morning Music	9:00 Mindful 8 Meditation	9:00 Chair Stretches 9 10:30 Church Service	10:00 Muffins with Mom	11 10:00 Sit and be Fit
	10:00 Puzzle Pal's	10:00 Exercise Class	11:00 St. Thomas Church Service	10:00 Exercise Class	Simply Grace		1:30 Virtual Travel Club
4	2:00 Classic Shows	1:30 Bingo 3:00 May Discussion	1:30 Arts and Crafts	1:15 Music Therapy 3:00 Color by Number	1:30 Mother's Day Hats Craft	3:00 Creative Art	3:00 Watercolor
-	Cinco de Mayo	0.00 Maditation 40	3:00 Social with Trivia	O.OO Min dful AF	40	Club	Creations
	12 Happy Mother's		9:00 Morning Music 1 4 10:00 Exercise Class	9:00 Mindful 15 Meditation	9:00 Chair Stretches	17 10:00 Chair Yoga	18 10:00 Sit and be Fit
	Day	1:30 Bingo	1:30 Arts and Crafts	10:00 Exercise Class	10:30 Music with David Carty	1:00 Friday Film	1:30 Virtual Travel Club
		3:00 Popsicle Party	3:00 Social with Trivia	1:15 Music Therapy 3:00 Color by Number	1:30 Puzzle Pal's		3:00 Armed Forces Art Project
	Mother's Day National Skilled Nursing Care Week						Armed Forces Day
ģ	19 9:00 Video Devotional	9:00 Meditation 20	10:00 Outing: Park	9:00 Mindful 22 Meditation	9:00 Chair Stretches	24 10:00 Chair Yoga	25 10:00 Sit and be Fit
	10:00 Puzzle Pal's	10:00 Exercise Class 1:30 Bingo	Picnic	10:00 Exercise Class	10:30 Fun with Glenda Sue	,	1:30 Virtual Travel
1	2:00 Classic Shows	3:00 Balloon Volleyball Victoria Day (Canada)	1:30 Arts and Crafts 3:00 Balloon Volleyball	1:15 Music Therapy 3:00 Color by Number	1.20 Duzzlo Dol'o	3:00 Creative Art Club	Club 3:00 Watercolor Creations
ı	26		9:00 Morning Music28	9:00 Mindful 29	30		
9	9:00 Video Devotional	Memorial Day	10:00 Exercise Class	Meditation	9:00 Chair Stretches	10:00 Chair Yoga	
1	10:00 Puzzle Pal's	11:30 BBQ Lunch	1:30 Arts and Crafts	10:00 Exercise Class	10:30 Music with	1:00 Friday Film	Memory
1	2:00 Classic Shows	12:30 Red white and Blue Art	3:00 Social with Trivia	1:15 Music Therapy	David Carty 1:30 Puzzle Pal's	3:00 Creative Art	Care.
		Memorial Day	** All events	3:00 Color by Number		Club	

Canterfield of Tallahassee ** All events are subject to change**